

**BLANGAH RISE  
PRIMARY SCHOOL**



**STEADFAST**

# **P1 Orientation Briefing**

# What is Primary School about?

- Laying a strong foundation
- Nurturing well-rounded individuals and passionate lifelong learners
- Providing learning opportunities that recognize their strengths and develop their full potential
- Preparing our children for the future



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# Holistic Assessment

- Focuses on building **confidence** and nurturing **motivation** to learn so as to develop your child's potential
- **No examinations and weighted assessments at P1 & P2** to ease your child into formal schooling
- Appropriate assessment modes to provide useful information **to support students' learning and holistic development**

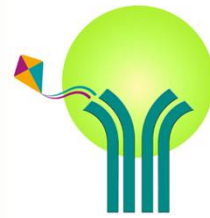


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# Brief Introduction to the School



**BLANGAH RISE LEARNING CAMPUS**

PRIMARY SCHOOL | MOE KINDERGARTEN

*Where we grow deep and grow together*



*Where we grow deep and grow together*



# Multimedia Presentation

- Key Personnel in the School
- Vision, Mission, Philosophy, Motto & Values
- Key Programmes for P1-P2
  - Programme for Active Learning (PAL)
  - Learning Support Programmes
  - Character & Citizenship Education
  - Holistic Assessment
- Distinctive Programmes
  - The Leader in Me – The 7 Habits
  - Learning for Life Programme (LLP) – Leader for Life
  - Applied Learning Programme (ALP) – Aspiring Confident Engineers (ACE)
  - Young Photographers
  - Junior Reporters
  - **A**ccelerated **P**rogramme to **E**nhance students' e**X**perience (APEX)
  - Music with SNYO
  - Viewpoints, eg Broadcast Journalism



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# Administrative Matters



# School Hours

## Curriculum Hours

Mon - Fri

7.30am – 1.30pm

National Anthem &  
Pledge Taking at  
7.30am



## RECESS

9.30am to 10am

Based on a Central  
Kitchen Model

Managed by SATS  
Chef and Nutritionist

Regular menu rotation

### Be Bright Eat Right Programme

– All P1 students subscribed, \$2.10 per  
day for recess (via School Bill)

## Snack Break

12 noon

About 10 mins  
(in class)

Student to bring their  
own healthy snacks

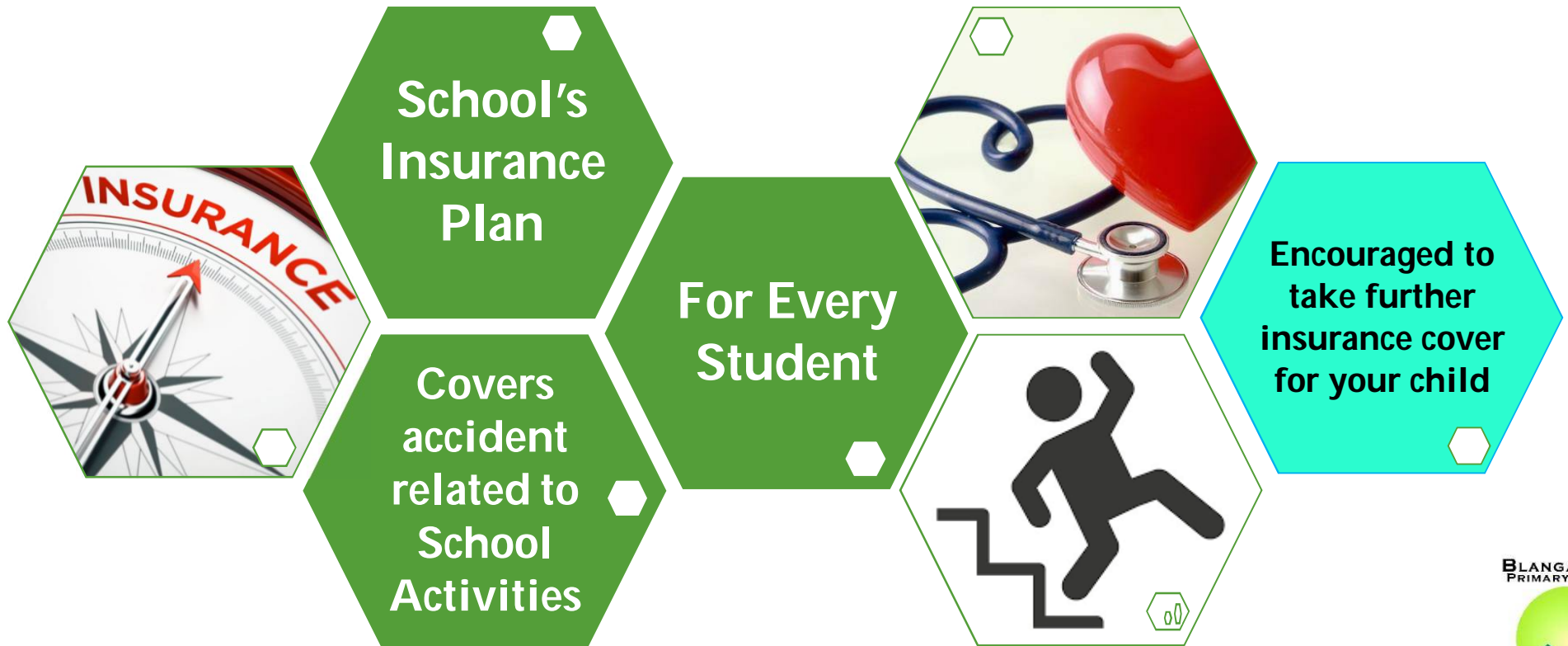


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# Insurance



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# Other Admin Matters

## Daily Attendance

- Medical Certs for absence from tests
- Compulsory Education Act

## Visits to School

- Plse sign in at Security Counter & proceed to General Office
- **DO NOT** go to classrooms

## School & Misc Fees per mth

- PR: \$230
- IS (ASEAN): \$490
- IS (Non-ASEAN): \$825
- 
- Misc Fees: \$13
- Please pay by GIRO

## Care of Personal Items

- Label personal items
- Check with General Office for lost items

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# Procedures → **Tue, 4 Jan 2022**

## P1 Orientation Programme will be from 4 – 7 Jan

**Report at School  
Main Gate  
7.30am-7.45am**



**School Uniform  
& Orientation  
Tags**



**Recess  
SATS Meals**



**P1 Students will  
be dismissed at  
1.20pm**

Parents bring children to the school gate from **7.30 – 7.45 am** where teachers and student leaders will welcome them and bring them to the School Hall.

Students to be in their school uniform for the 1st Day & wear their Orientation Tags

All P1 students will be enrolled in the **Be Bright Eat Right** programme. So no need to bring own food, just water bottle and healthy snack for snack break

Usual dismissal is at 1.30 pm. In Covid-19 situation, we have staggered dismissals for the school.

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# Procedures → **Tue, 4 Jan 2022**

## P1 Orientation Programme will be from 4 – 7 Jan

### Note:

- According to the current safe management measures, only P1 and K1 will return to school on the 1<sup>st</sup> Day. Teachers will contact parents through Parents Gateway (PG) by the last week of Dec 2021 to update you of any changes and also to provide details of any further safe management measures in place (such as staggering of arrival by class, etc)

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# Procedures → **Tue, 4 Jan 2022**

## P1 Orientation Programme will be from 4 – 7 Jan

### Other things to Note:

- For the 1<sup>st</sup> week of Term 1 (4 – 7 Jan), reporting time is from 7.30am to 7.45am.  
After that, the **NORMAL REPORTING TIME** for P1 students is **7.20am** to proceed to their classrooms.
- Things to bring – Please follow “First Week of School Checklist”
- Dismissal Arrangement
  - Students on school bus or enrolled with SCC will be gathered at the School Hall
  - Other students will be dismissed at Main Gate or Side Gate E, according to parents’ stated option

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## Parents, Please Note:

- Update Home Address and Contact Numbers
- Nov / Dec Travel Plans, *if any*





# Any Other Assistance

## Financial Assistance

Approach the General Office

Subsidized Computer  
Purchase (for FAS students)

## Special Needs

Child diagnosed with Special  
Needs

Alert Form Teacher, support  
will be arranged

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# Communication Channels

School Tel: 6271 7387

[www.blangahrisepri.moe.edu.sg](http://www.blangahrisepri.moe.edu.sg)

Email: [BRPS@moe.edu.sg](mailto:BRPS@moe.edu.sg)

Student Diary

School Letters

Parent-Student-  
Teacher Dialogue  
Session



Parents  
Gateway

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# Transition to Primary School



# Transition to Primary 1

**When your child enters primary school, they will experience:**

**New friends  
and teachers**



**New routines**

**New learning environment**

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# Transition to Primary 1

In primary school, your child will be quipped with skills to:

- Adjust to a larger learning environment
- Interact with more peers and teachers
- Adapt to longer school hours
- Become more independent and responsible



# How You Can



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# How Can I Support My Child During This Transition?

- **Support** your child and encourage them to overcome challenges with you
- **Affirm** your child by recognising small successes and praising their efforts
- **Familiarise** your child by easing them into new routines and sharing with them your experiences in primary school
- **Empathise** and acknowledge your child's feelings



Supporting your child's transition through  
**Primary 1**

Build a caring home environment to nurture the social and emotional skills of your child using these S.A.F.E. tips.

**SUPPORT**

- Commit some time every weekend to **play games** and **have fun** together.
- **Visit places** or take part in events that **both of you** enjoy.
- **Encourage** your child to make **new friends**.
- Try out **FTGP<sup>®</sup> Family Time** activities.

**AFFIRM**

- **Encourage** your child when he makes **observations**.  
E.g. Say "That's interesting!" and ask why he/she said that.
- **Recognise small successes**. E.g. Say "You've made another new friend in class - well done!"

**FAMILIARISE**

- **Find out** what primary schools have in store for students these days.
- Do practical things to **ease** your child into **new routines**.  
E.g. Plan daily routines together, teach your child new habits like packing his/her bag.

**EMPATHISE**

- **Teach** your child words that **describe feelings**.
- **Acknowledge** your child's **emotions**.  
E.g. "It's okay to feel anxious about starting school."
- **Understand** your child's **needs**. E.g. Start bedtime early. Children need a lot of sleep.

*\*From Teacher Guidance Period*

**Spend Time Chatting. Use T.A.D.**

**Talk**  
Talk about fond memories of your own school days.  
E.g. What you did in Primary One; kind teachers and cheeky classmates you had.

**Ask**  
Ask about his/her thoughts and feelings about the school.  
E.g. FTGP<sup>®</sup> activities; when he/she felt happiest.

**Discuss**  
Discuss together what can be done if he/she has worries at school.  
E.g. Explore how people deal with conflicts.

**QUICK TIPS**

- Listen without interrupting.
- Nod your head and **ask questions** to show interest and affirmation.

These tips may be used with children of other ages too. It depends on each child's needs. Using these tips as your child journeys through the school years can help ease anxiety and worries, and build warmer and closer relationships at home.

Ministry of Education  
Singapore

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Promote understanding & appreciation  
of school processes

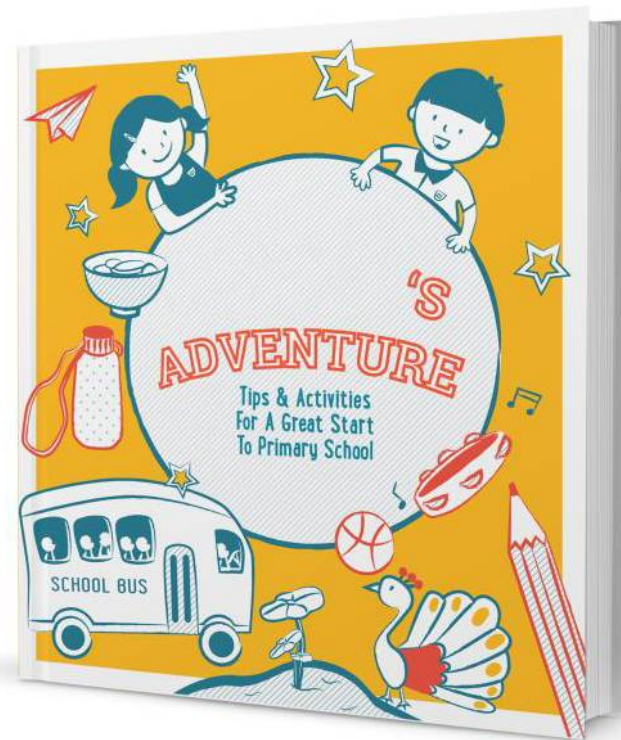
Support parents in guiding their  
children so that children enjoy learning  
and going to school

Support parents in building strong  
relationships with their children

**FOR YOU & YOUR CHILD**

## **PARENT-CHILD ACTIVITY BOOK**

**Tips & Activities for a Great Start to Primary School**

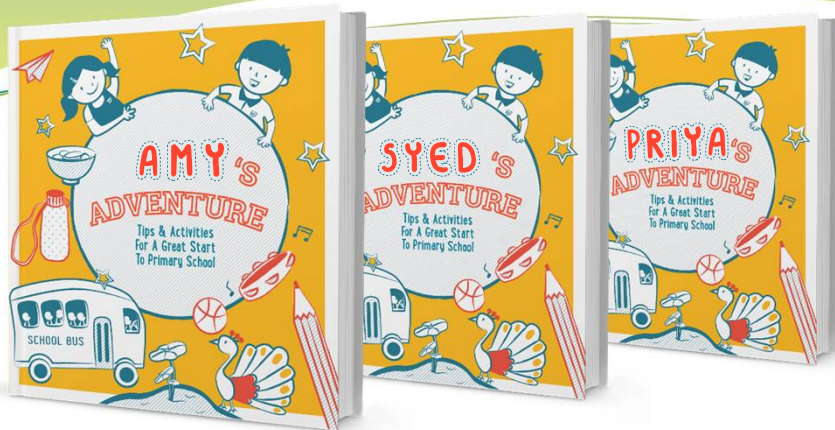


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## PERSONALISE THE COVER!

**10 TIPS FOR PARENTS** to help you navigate your child's first year in primary school

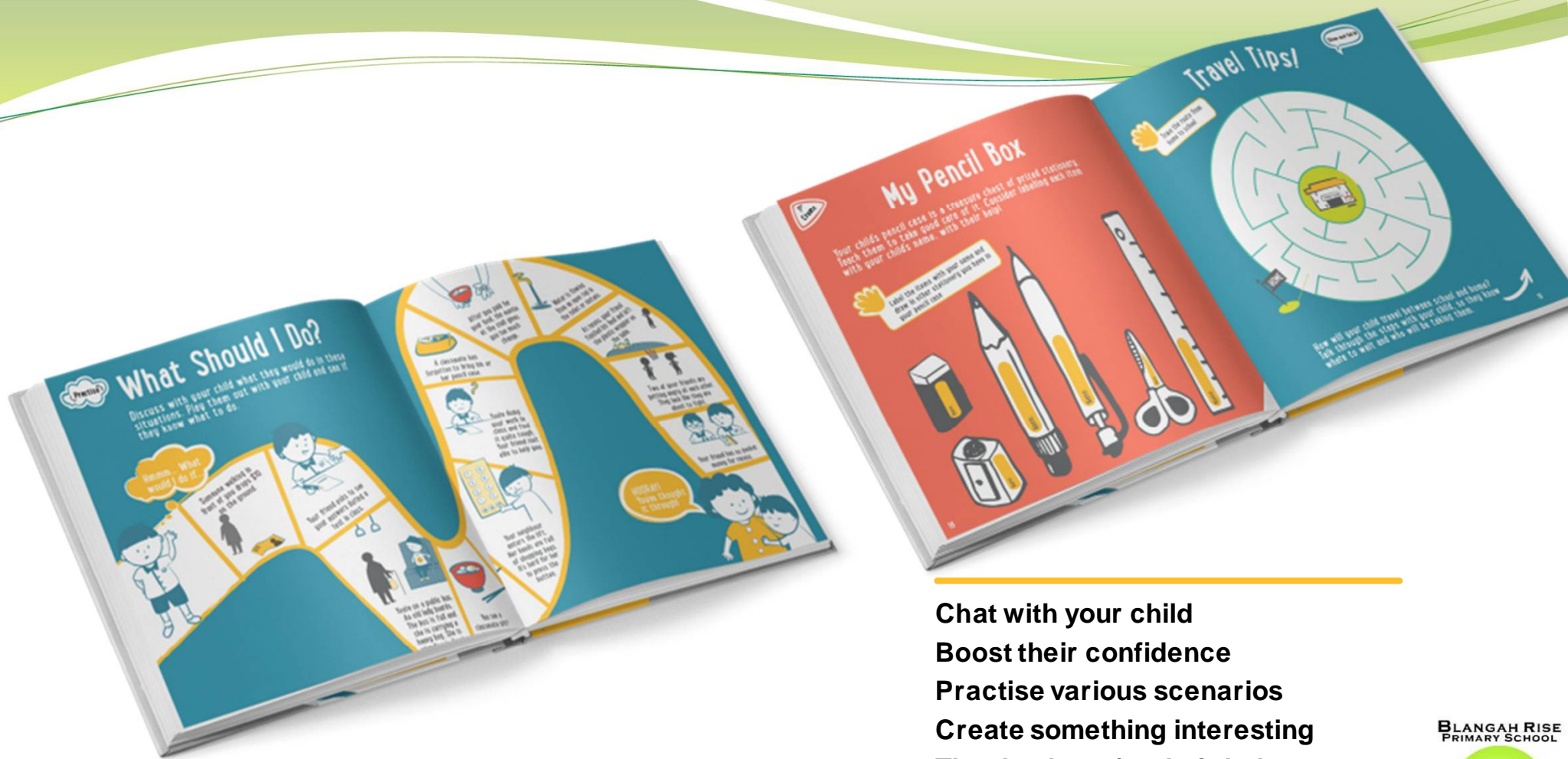
## RESOURCES FOR PARENTS



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## ACTIVITIES TO DO TOGETHER

Chat with your child  
 Boost their confidence  
 Practise various scenarios  
 Create something interesting  
 Thank others for their help  
 Pledge to do things together

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# How Can I Prepare My Child for P1?

- **Relating to others**
- **Developing good habits**
- **Nurturing positive learning attitudes**
- **Creating a conducive learning environment at home**



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# Relating to Others

**Build your child's interpersonal skills by:**

- **Modelling the use of friendly and polite phrases**
  - “Hello! My name is... what is your name?”
  - “May I please...”
- **Providing opportunities for your child to share and take turns during playtime with other children.**
- **Teaching them coping mechanisms (e.g. deep breaths, quiet corner, stop-think-do) to enable them to manage their emotions.**



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*Check out pages 34 - 38 of the PCAB  
for activities on making friends.*

# Developing Good Habits

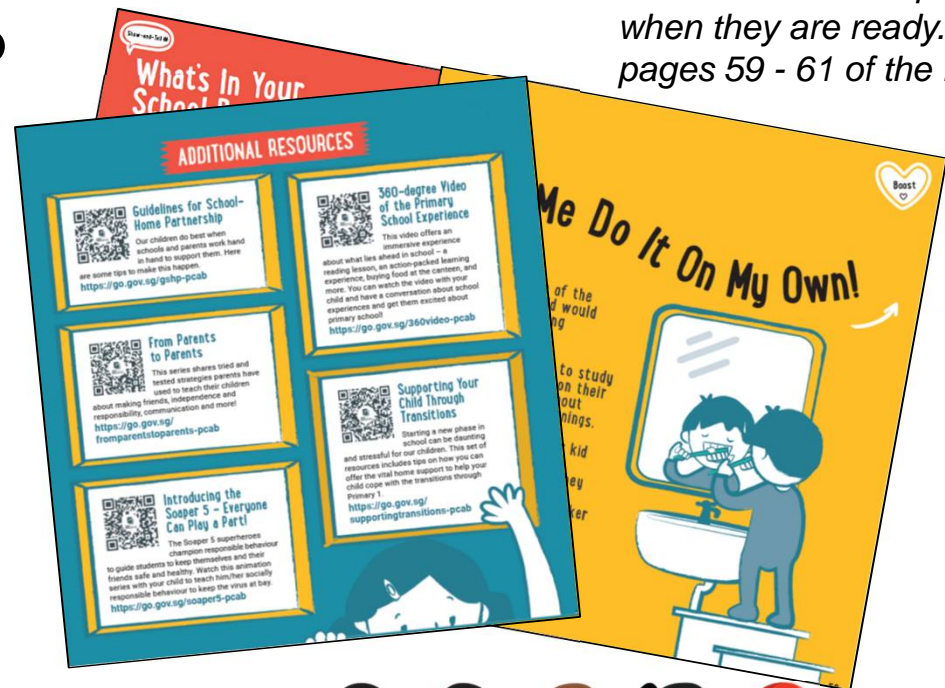
**Routines help your child learn to manage themselves.**

**Guide your child to do the following independently:**

- Dress themselves
- Buy food at the canteen
- Make healthy food choices
- Pack their bag
- Wash their hands
- Use a mask responsibly
- Take their temperature using a thermometer

*Refer to 'Additional Resources' to watch the Soaper 5 in action to teach your child socially responsible behaviour to keep the virus at bay.*

*Help your child commit to doing some of these independently when they are ready. Check out pages 59 - 61 of the PCAB.*



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# Nurturing Positive Learning Attitudes

**Developing the right learning attitude in your child will help them transit smoothly into the learning routines in school.**

**You can encourage your child to:**

- Ask questions about their experiences and the world around them.
- Express their thoughts and feelings and discuss what can be done if they have worries.
- Practise life skills independently like buying food and drinks on their own and asking for permission.



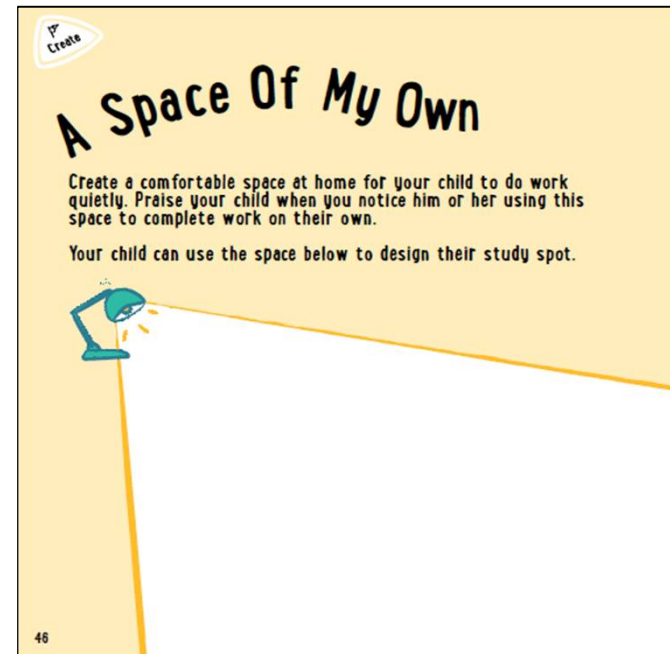
*Check out pages 39 - 54 of the PCAB for activities that will help your child develop a positive learning attitude.*

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# Creating a Conducive Learning Environment at Home

**Set up a conducive home environment so that your child can learn both at home and in school:**

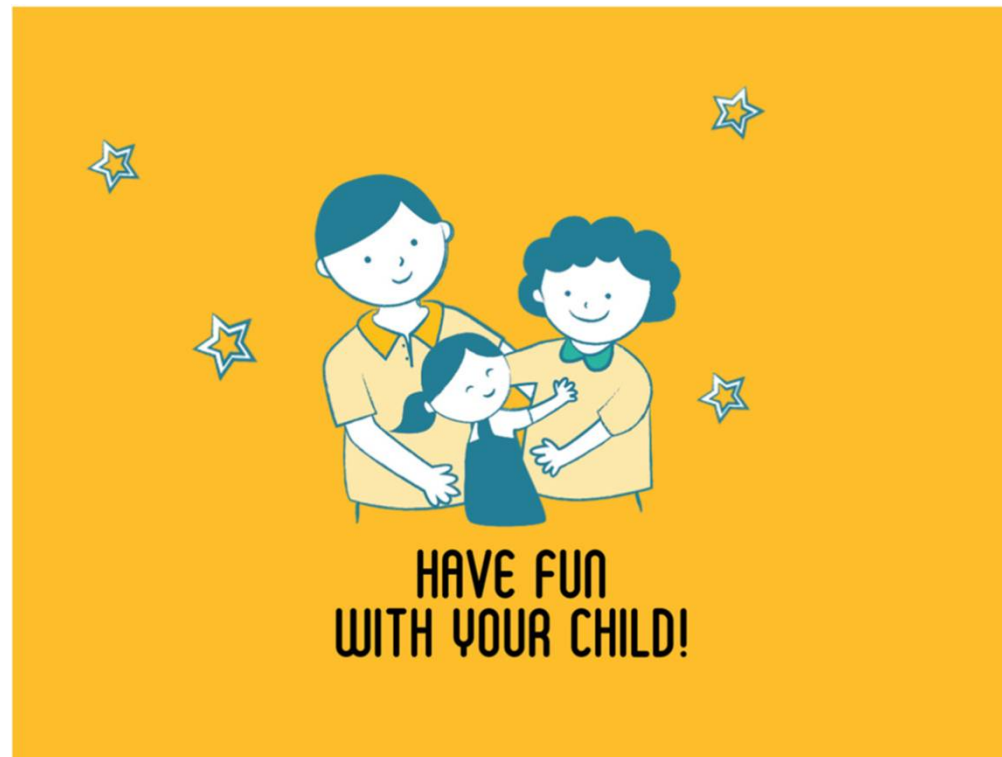
- Have a dedicated area for learning, such as doing schoolwork or reading to put your child in the right frame of mind to learn.
- If you have more than one child, allocate areas for each child to learn independently or together.
- Role model positive learning behaviours.
- Establish a daily routine with your child, with time set aside for reading, schoolwork, rest, family time and play.



*Check out page 46 of the PCAB for an activity to help you create a conducive learning environment at home.*



# It's NOT Homework or Compulsory!



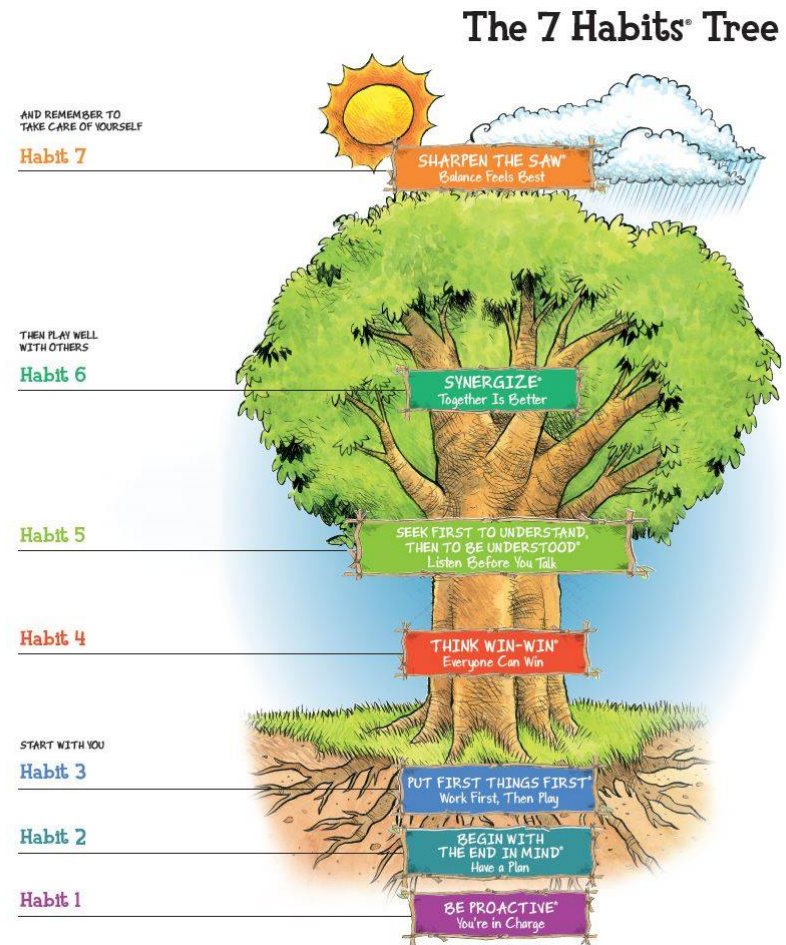
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# We are a 7 Habits School!

- The 7 Habits are about *personal* and *inter-personal effectiveness*
- Learn the Habits and help your child use and practice these Habits to have *a strong start in school*, which will also *guide him/her for a lifetime*.



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# Working Hand-in-Hand

## Be Involved!

- Attend seminars and workshop organised
- Participate in Parent-Teacher Conferences
- Volunteer in school programme, eg. buddy reading, chaperon, etc.
- Join the school's **Parent Support Group**



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# School-Home Partnership

## Communicating with your child's teachers

- Have regular conversations with teachers in both academic and non-academic areas – this will help you better guide your child's development
- Ask the teacher for the best way and time to contact them
- Understand that teachers may not be able to respond to your queries immediately



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**Thank You & Have a Nice Day**