

## **SUB MENU**

		<b>JUD LIENU</b>						
J	WEEK 1	Primary 1 to 3		Primary 4 to 6		Allergen		
	5 & 9	Sub 1	Sub 2	Sub 3	Sub 4	No Dairy / No Egg		
	Mon	Korean Chicken Bowl	Mashed Potato with Vegan Sausage (V)	Savoury Chicken Noodle Delight	Korean Chicken Bowl	Korean Meatless Chicken with Fried Rice (V)		
	Tues	Ham & Cheese Panwich (Warm)	Rainbow Fried Rice with Vegan Sausage (V)	Lu Rou Chicken Porridge	Rainbow Fried Rice with Tangy Fishball	Rainbow Fried Rice with Tangy Vegan Fishball (V)		
	Wed	BBQ Chicken & Cheese Wrap	Minced Meatless Chicken Mee Tai Mak (V)	Local Dried Chicken Char Siew Noodle	Teriyaki Tofu Seaweed Rice Bowl (V)	Tangy Macaroni with Vegan Sausage (V)		
	Thur	Meatballs Macaroni	Warm Cheese Panwich (V)	Roasted Honey Chicken Pilaf Rice Bowl	Kway Teow Goreng	Roast Honey Meatless Chicken with Mixed Grain Rice (V)		
	Fri	Bulgogi Chicken Melt Sandwich	Braised Minced Chicken Noodle	Fried Rice with Char Siew Chicken	Cheesy Chicken Meatballs Pasta	Vegan Sausage Noodle Delight (V)		



	reel Good					
WEEK 2,	Primary 1 to 3		Primary 4 to 6		Allergen	
6 & 10	Sub 1	Sub 2	Sub 3	Sub 4	No Dairy / No Egg	
Mon	Mashed Potato with Chicken Sausage	Wok Fried Mee Tai Mak with Veg Fishball (V)	Wok-Fried Kway Teow with Chicken Meatballs	Egg Fried Rice with Cereal Chicken & Veg	Nasi Goreng with Honey Meatless Chicken (V)	
Tues	Chicago Chicken & Cheese Wrap	Satay Chicken with Fried Rice	Chicken Meatballs Pasta	Nasi Goreng with Meatless Chicken (V)	Meatless Fish with Pasta (V)	
Wed	Meatballs Macaroni	Chicago Meatless Chicken & Cheese Wrap (V)	Sweet & Sour Chicken Rice	Sin Chew Bee Hoon with Vegetarian Char Siew (V)	Vegetarian Fishball Noodle (V)	
Thur	Eggcellent Meatloaf Panwich	Egg Mayo Sandwich (Cold) (V)	Eggcellent Meatloaf Panwich	Baked Rice with Tomato Chicken Olio	Meatless Satay Chicken with Bee Hoon Goreng (V)	
Fri	Satay Chicken & Cheese Wrap	Mini French Toast with Buttered Corn (V)	BBQ Chicken Subway (Cold)	Mixed Wholemeal Pasta with Chicken Bolognese	Mixed Wholemeal Pasta with Veg Bolognese (V)	
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## **SUB MENU**

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WEEK	Primary 1 to 3		Primary 4 to 6		Allergen
3 & 7	Sub 1	Sub 2	Sub 3	Sub 4	No Dairy / No Egg
Mon	Korean Chicken Bowl	Savoury Chicken Noodle Delight	Pomodoro Chicker Pasta	Char Siew Chicken Rice	Oriental Braised Tofu Rice Set (V)
Tues	Ham & Cheese Panwich (Warm)	Hong Kong Noodle with Chicken Char Siew	Tangy Macaroni wit Meatballs	h Fried Rice with Wok- tossed Hawthorn Chicken	Rainbow Fried Rice with Tangy Vegan Fishball (V)
Wed	BBQ Chicken & Cheese Wrap	Warm Cheese Panwich (V)	Meatloaf Seaweed Ri Bowl	ice Kway Teow Goreng	Tangy Macaroni with Vegetarian Fishball (V)
Thurs	Chicken Bolognese with Pasta	Rainbow Fried Rice with Vegan Sausage (V)	Cheesy Chicken Meatballs Pasta	Tangy Macaroni with Fishball	Meatless Char Siew Chicken with Fried Rice (V)
Fri	Bulgo <mark>gi Chicken Melt</mark> Sandwich	Braised Minced Chicken Rice Bowl	Nasi Goren <mark>g with Ay:</mark> Masak Kicap	am Braised Minced Chicken Noodle	Vegan Sausage Noodle Delight (V)
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	Primary 1 to 3		Primary 4 to 6		Allergen
WEEK 4 & 8	Sub 1	Sub 2	Sub 3	Sub 4	No Dairy / No Egg
Mon	Mashed Potato with Chicken Sausage	Wok Fried Mee Tai Mak with Fishball	Wok-Fried Kway Teow with Chicken Meatballs	Chicken Friccasee with Mash	Braised Minced Meatless Chicken Noodle (V)
Tues	Chicago Chicken & Cheese Wrap	Chicken Meatballs with Mash	Mee Goreng Mamak	Chicken Meatballs with Mash	Nasi Goreng with Meatless Chicken (V)

Egg Mayo Sandwich Egg Mayo Sandwich Meatballs Chicken Curry with Sin Chew Bee Hoon with Wed Macaroni (Cold) Rice (Cold) Vegetarian Char Siew (V) Eggcellent Satay Chicken with Fried Eggcellent Meatloaf Meatless Satay Chicken Banger & Mash Thurs **Meatloaf** Panwich Rice Panwich with Fried Rice (V) BBQ Meatless Chicken **BBQ** Chicken Satay Chicken & Braised Minced Chicken **Rendang Chicken with** Fri Cheese Wrap Rice Bowl Subway (Cold) Rice Pilaf Rice (V)







## **MONDAY SUB LUNCH MENU** Primary 1 to 3 Primary 4 to 6 Allergen Week No Dairy / No Egg Sub Lunch 1 Sub Lunch 2 Nasi Goreng with Ayam Teriyaki Meatless Tori Chicken Week 1, Chicken Alfredo Pasta 5 & 9 Bakar with Fried Noodle (V) Crispy Meatless Popcorn Noodle Ayam Masak Lemak Rice Week 2, Chicken Fricassee with Mash 6 & 10 Delight (V) Bento Chicken Cacciatore with Meatless Char Siew Chicken Week Chicken Curry Baked Rice 3&7 Pasta Noodle (V) Week Hong Kong Noodle with Egg Fried Rice with Cereal Hong Kong Noodle with 4 & 8 Fishball Chicken & Veg Vegetarian Fishball (V)

NEW ITEM



Chicken Meatball

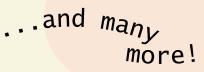


Warm Cheese Panwich (V)





Sweet & Sour Chicken Rice



**Cheesy Chicken Meatball Pasta**