

WELCOME BACK TO SCHOOL





SUB MENU

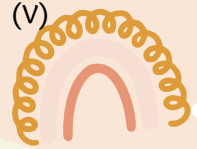
**WEEK 1,
5, 9**

	Primary 1 to 3		Primary 4 to 6		Allergen
	Sub 1	Sub 2	Sub 3	Sub 4	No Dairy / No Egg
Mon	Korean Chicken Bowl	Mashed Potato with Chicken Sausage	Savoury Chicken Noodle Delight	Korean Chicken Bowl	Korean Meatless Chicken with Fried Rice (V)
Tues	Chicky Macaroni	Honey-Glazed Chicken on Cauli Rice Bowl	Mee Rebus	Rainbow Fried Rice with Tangy Fishball	Rainbow Fried Rice with Tangy Vegan Fishball (V)
Wed	BBQ Chicken & Cheese Wrap	Minced Chicken Mee Tai Mak	Tangy Macaroni with Meatballs	Teriyaki Tofu Seaweed Rice Bowl (V)	Tangy Macaroni with Vegan Sausage (V)
Thur	Eggcellent Meatloaf Panwich	Mashed Potato with Trio Veg & Chicken Sausage	Roasted Honey Chicken Pilaf Rice Bowl	Kway Teow Goreng	Roast Honey Meatless Chicken with Mixed Grain Rice (V)
Fri	Bulgogi Chicken Melt Sandwich	Braised Minced Chicken Noodle	Fried Rice with Char Siew Chicken	Local Dried Chicken Char Siew Noodle	Vegan Sausage Noodle Delight (V)



**WEEK 2,
6, 10**

	Primary 1 to 3		Primary 4 to 6		Allergen
	Sub 1	Sub 2	Sub 3	Sub 4	No Dairy / No Egg
Mon	Dreamy Mashed Potato	Braised Minced Meatless Chicken Noodle (V)	Wok-Fried Kway Teow with Fish Cake	Ayam Masak Lemak Rice Bento	Vegetarian Fishball Noodle (V)
Tues	Korean Chicken Bowl	Paprika Chicken Wrap	Chicken Meatballs Pasta	Nasi Goreng with Meatless Chicken (V)	Meatless Fish with Pasta (V)
Wed	Meatballs Macaroni	Vegetarian Minced Chicken Mee Tai Mak (V)	Roasted Honey Chicken Pilaf Rice Bowl	Sausage & Egg Subway (Cold)	Nasi Goreng with Honey Meatless Chicken (V)
Thur	Egg Mayo Sandwich (Cold)	Honey-Glazed Chicken on Cauli Rice Bowl	Mee Rebus	Honey-Glazed Chicken on Cauli Rice Bowl	Meatless Satay Chicken with Bee Hoon Goreng (V)
Fri	Satay Chicken & Cheese Wrap	Mini French Toast with Buttered Corn (V)	Meatloaf Fried Rice with Omelette	Mixed Wholemeal Pasta with Chicken Bolognese	Mixed Wholemeal Pasta with Veg Bolognese (V)

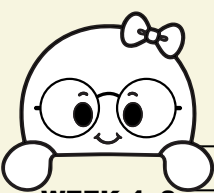




SUB MENU

WEEK 3, 7

	Primary 1 to 3		Primary 4 to 6		Allergen
	Sub 1	Sub 2	Sub 3	Sub 4	No Dairy / No Egg
Mon	Mashed Potato with Chicken Sausage	Hawthorn Chicken Noodle	Pomodoro Chicken Pasta	Meatless Char Siew Chicken Rice (V)	Hawthorn Meatless Chicken Noodle (V)
Tues	Honey-Glazed Chicken on Cauli Rice Bowl	Chicken Bolognese with Pasta	Satay Chicken with Fried Rice	Singapore Fried Beehoon with Fishball	Singapore Fried Beehoon with Vegetarian Fishball (V)
Wed	BBQ Chicken & Cheese Wrap	Tangy Macaroni with Meatballs	Meatloaf Seaweed Rice Bowl	Tangy Macaroni with Fishball	Tangy Macaroni with Vegetarian Fishball (V)
Thurs	Eggcellent Meatloaf Panwich	Roasted Honey Chicken Pilaf Rice Bowl	Yakisoba with Baked Teriyaki Chicken	Kway Teow Goreng	Oriental Braised Tofu Rice Set (V)
Fri	Bulgogi Chicken Melt Sandwich	Braised Minced Chicken Rice Bowl	Nasi Goreng with Ayam Masak Kicap	Braised Minced Chicken Noodle	Meatless Char Siew Chicken with Fried Rice (V)



WEEK 4, 8

	Primary 1 to 3		Primary 4 to 6		Allergen
	Sub 1	Sub 2	Sub 3	Sub 4	No Dairy / No Egg
Mon	Dreamy Mashed Potato	Braised Chicken Noodle Bowl	Wok-Fried Kway Teow with Fish Cake	Soy Steamed Fish with Rice Bowl	Braised Minced Meatless Chicken Noodle (V)
Tues	Chicken Meatballs Pasta	Paprika Chicken Wrap	Mee Goreng Mamak	Savoury Chicken Rice Set	Nasi Goreng with Meatless Chicken (V)
Wed	Meatballs Macaroni	Braised Soy Hokkien Mee with BBQ Chicken	Chicken Curry with Rice	Sausage & Egg Subway (Cold)	Vegetarian Minced Chicken Mee Tai Mak (V)
Thurs	Banger & Mash	Mee Rebus	Egg Mayo Sandwich (Cold)	Satay Chicken with Fried Rice	Meatless Satay Chicken with Fried Rice (V)
Fri	Mini French Toast with Buttered Corn (V)	Meatloaf Fried Rice with Omelette	Satay Chicken & Cheese Wrap	Rendang Chicken with Rice	BBQ Meatless Chicken Pilaf Rice (V)





MONDAY SUB LUNCH MENU

Week

Primary 1 to 3

Primary 4 to 6

Allergen

Sub Lunch 1

Sub Lunch 2

No Dairy / No Egg

**Week 1,
5, 9**

Fried
Rice with Chicken Char Siew

Chicken Cacciatore with
Pasta

Teriyaki Meatless Tori Chicken
with Fried Noodle (V)

**Week 2,
6, 10**

Egg Fried Rice with Cereal
Chicken & Veg

Chicken
Fricassee with Mash

Crispy Meatless Popcorn Noodle
Delight (V)

Week 3, 7

Fried
Rice with Char Siew Chicken

Chicken
Curry Baked Rice

Meatless Char Siew Chicken
Noodle (V)

Week 4, 8

Hong Kong Noodle with Fish
Cake

Ayam
Masak Lemak Rice Bento

Hong Kong Noodle with
Vegetarian Fishball (V)

**MUST TRY
ALERT!**



Singapore Fried
Beehooon with Vegetarian
Fishball (V)



Pomodoro Chicken Pasta



Savoury Chicken
Rice Set



Mee Rebus



Prosperity Orange Chicken Set
(LTO)



Rainbow
Fried Rice with Tangy
Vegan Fishball (V)



Chicky Macaroni



Hong Kong Noodle with
Chicken Char Siew

...and many
more!