





TERM 2/2023, SUB MENU

		PRI 1 TO 3		PRI 4 TO 6		ALLERGEN (NO EGG & DAIRY)
** WEEK 1, 5, 9	MON	Mashed Potato with Sausage	Hearty Macaroni 	Baked Rice with Tomato Olio	HK Style Noodle with Chicken Char Siew	Teriyaki Meatless Fish with Fried Rice 
	TUE	Bulgogi Chicken & Cheese Wrap	Pancake with Jam 	Singapore Fried Bee Hoon with Fishball	Bulgogi Chicken & Cheese Wrap	Chickpea Stew with Pasta 
	WED	Korean Chicken Bowl	Mashed Potato with Veg Bolognese 	Chicken Shepherd's Pie	Tangy Macaroni with Meatballs	Nasi Goreng with Crispy Meatless Chicken 
	THUR	BBQ Chicken Sandwich (Warm)	Singapore Fried Bee Hoon with Roast Chicken	Sausage Omu Rice	BBQ Chicken Sandwich (Warm)	Singapore Fried Bee Hoon with Veg Tofu 
	FRI	Pizza Satay Bar	Braised Minced Chicken Noodles	Fried Rice with Char Siew Chicken	Springy Noodle with Omelette	Meatless Char Siew Chicken with Fried Rice 
** WEEK 2, 6, 10	MON	Mashed Potato with Sausage	Tangy Macaroni with Meatballs	Meatloaf Fried Rice with Omelette	Meatballs with Mashed Potato	Sin Chew Bee Hoon with Vegan Sausage 
	TUE	Sausage & Omelette Breakfast Bowl	Butter Chicken with Mee Goreng	Butter Chicken with Mee Goreng	Teriyaki Fish Don (Don Series)	Braised Tau Kwa with Fried Rice 
	WED	Braised Noodle with Honey Soy Chicken	Cheesy Hawaiian Bar	Creamy Chicken & Mushroom Pasta	Raisin Pilaf Rice with Baked Chicken Bowl	Sticky Teriyaki Tofu Noodle Bowl 
	THUR	Ham & Cheese Sandwich	Chicken Curry with Rice	Ham & Cheese Sandwich	Meatballs Macaroni Bowl	Nasi Goreng with Crispy Meatless Chicken 
	FRI	BBQ Chicken & Cheese Wrap	Mini French Toast with Buttered Corn 	BBQ Chicken & Cheese Wrap	Singapore Fried Bee Hoon with Sesame Tangy Fish	Trio Fusilli Pasta with Veg Bolognese 
** WEEK 3, 7	MON	Mashed Potato with Sausage	Braised Minced Chicken Noodle	Sweet BBQ Chicken with Rice (Don Series)	Chicken Meatballs with Shrooms and Pasta	Meatless Char Siew Chicken Noodle 
	TUE	Bulgogi Chicken & Cheese Wrap	Braised Noodle with Honey Soy Chicken	Bulgogi Chicken & Cheese Wrap	Ayam Lemak with Rice	Tsukune Tofu with Rice & Veg 
	WED	Korean Chicken Bowl	Pizza Satay Bar	Yakisoba with Baked Teriyaki Chicken	Chicken Curry with Rice	Tangy Macaroni with Vegan Sausage 
	THUR	Butter Chicken with Rice	BBQ Chicken Sandwich (Warm)	Mee Tai Mak w/ Braised Chicken & Veg Trio	Sausage Omu Rice	Sweet & Sour Meatless Fish with Rice 
	FRI	HK Style Noodle	Fried Rice with Char Siew Chicken	Rainbow Fried Rice with Curry Fishball 	Yakisoba with Teriyaki Fish	Mee Goreng with Meatless Ayam Bakar 
** WEEK 4, 8	MON	Meatballs with Mashed Potato	Tangy Macaroni 	Meatballs with Mashed Potato	Braised Noodle with Honey Soy Chicken	Sin Chew Bee Hoon with Vegan Sausage 
	TUE	Sausage & Omelette Breakfast Bowl	Grilled Chicken with Rice	Teriyaki Fish Don (Don Series)	Butter Chicken with Mee Goreng	Meatless Tsukune Ball with Rice 
	WED	MMM: Melting Meatballs Macaroni	Chicken Bibimbap	Cheesy Hawaiian Bar	Chicken Bibimbap	Sticky Teriyaki Tofu Noodle Bowl 
	THUR	Ham & Cheese Sandwich	HK Style Noodle with Sausage	Yakisoba with Baked Teriyaki Chicken	Baked Rice with Meatballs	Tangy Meatless Chicken with Rice & French Bean 
	FRI	Pancake w/ Jam 	Mini French Toast with Buttered Corn 	Rendang Chicken with Rice (Don Series)	Chicken Bolognese with Trio Fusilli	Trio Fusilli Pasta with Veg Bolognese 

** Menu will repeat monthly

TERM 2/2023, SUB LUNCH MENU

		PRI 1 TO 3	PRI 4 TO 6	ALLERGEN (NO EGG & DAIRY)
** WEEK 1, 5, 9	MON	HK Style Noodle with Chicken Char Siew	Creamy Tomato Chicken with Rice	Meatless Char Siew Chicken Noodle 
** WEEK 2, 6, 10	MON	Satay Chicken with Fried Rice	Chicken Bulgogi Rice Bowl	Meatless Fish with Pasta 
** WEEK 3, 7	MON	Sweet BBQ Chicken with Rice (Don Series)	Baked Rice with Tomato Olio	Sweet BBQ Meatless Chicken with Rice (Don Series) 
** WEEK 4, 8	MON	Chicken Bulgogi Rice Bowl	Satay Chicken with Fried Rice	Sin Chew Bee Hoon with Vegan Sausage 

** Menu will repeat monthly